







Smoke-free Policy

1. <u>Purpose</u>

This policy has been developed to protect all club members, canoeists and visitors from exposure to second-hand smoke and to assist in compliance with the Health Act 2006.

Exposure to second-hand smoke increases the risk of lung cancer, heart disease and other serious illnesses. Ventilation or separating smokers and non-smokers within the same airspace does not completely stop potentially dangerous exposure. In addition vaping and any harmful effects have yet to be fully identified and therefore Vaping will be classed in the same way as smoking and the same restrictions apply.

2. Policy

It is the policy of Lincoln Canoe Club that our clubhouse and all areas where club activity takes place should be smoke-free, and that all involved should be able to enjoy a smoke-free and vape free environment.

3. <u>Implementation</u>

Overall responsibility for policy implementation and review rests with the General Committee, however, all members are obliged to adhere to and support the implementation of the policy.

Members will be advised of the policy by notice in the clubhouse and policy documents available from the website. Anyone who does not comply with smoke-free law could be liable to criminal prosecution.

4. Help to stop smoking

The NHS offers a range of free services to help smokers give up. Visit https://www.nhs.uk/better-health/quit-smoking/or call the NHS Smoking Helpline on 0300 123 1044 (England only) for details. Alternatively download the NHS Quit Smoking app.