

LINCOLN CANOE CLUB

CANOEING

The term "canoe" is used in Britain to mean either of two fundamentally different craft. One has developed from the Kayak as used by the Eskimos and is propelled from a sitting position using double bladed paddles. The other is the canoe developed from that used by the North American Indians, which is propelled with a single bladed paddle, usually from a kneeling position. These are often referred to as Canadian canoes to avoid confusion with Kayaks. These two basic types have many variations to cater for the very different requirements of speed and manoeuvrability needed by the various competitive aspects of canoeing.

1. Racing (Formerly Sprint Racing).

Races are in lanes over fixed distances of flat water in single, double and four man kayaks and canoes. Boats are designed solely for speed, being long and narrow and rather unstable. Kayaks are steered by a foot-operated rudder.

2. Marathon Racing. (Formerly Long Distance Racing)

Boats are mainly as for Sprint Racing, but races are in singles and doubles over distances of 4 to 12 miles according to ability. Races are held on canals and rivers and may involve carrying the boat (portaging) around locks and weirs.

3. Wild Water Racing.

These are races down fast flowing rivers over distances of 3 to 6 miles. Boats are more strongly built than for Racing, to withstand the damage from rocks, and buoyancy aids and crash helmets are compulsory for competitors. The canoes are also shorter and wider than for Racing to improve the stability and steering (rudders are not allowed) at the expense of some speed.

4. Slalom

Races are over fixed courses on rough water of up to 800 metres through up to 25 "gates", which must be negotiated in the correct order. Time penalties are incurred for touching or missing these gates. Boats are designed mainly for manoeuvrability, as many sudden changes of direction are required, and are much more stable than Racing canoes.

5. Surfing

The surf Kayak has a hull shaped like a surfboard and competitions are based on acrobatics in sea surf. Surfing is also popular in the older type of high volume slalom canoes.

6. Canoe Polo

This is a form of water polo played by teams of 5 paddlers in short, highly manoeuvrable kayaks, usually in a swimming pool.

7. Rodeo or Freestyle

This is a more recent development of canoeing and came about following the introduction of very robust polythene ("plastic") boats. These plastic boats enabled previously uncanoeable rivers to be negotiated without severe damage. The skills needed to paddle these very small boats on steep, narrow, rocky, fast flowing rivers led to competitions, often on a single wave of a river or weir, where boat control and acrobatic skills are demonstrated.

8. Sea Canoeing

The sea Kayak is very similar in shape to the original Eskimo Kayak and is often used for long distance self contained expeditions at sea.

9. Touring

This is the leisure aspect of canoeing and can be done in any kind of canoe you like, whenever you want. Touring canoes usually have plenty of room for camping equipment and provisions if required.

MEMBERSHIP.

Membership of Lincoln Canoe Club is open to anyone who can swim at least 50 metres in light clothing, but those under the age of 8 years must be accompanied by a parent. The Club meets for general canoeing and training each Monday and Wednesday evening during summer and on Saturday and Sunday morning all year round and there are additional coaching sessions for all abilities. Taster Sessions and Introductory courses are held in the summer, and, in the winter, fitness and weight training sessions are held.

If you wish to join Lincoln Canoe Club you must first fill in an Application Form and pay a Joining Fee. (See Form for fee).

If you have acceptable canoeing experience or a qualification, such as the BC Two Star Award, you may also pay the Annual Fee and start paddling immediately. A Club Coach will assess the competency of anyone without a formal qualification.

If you have not canoed before, you must attend a "Taster Session". Here you will be given basic instruction in the use of a buoyancy aid and paddle, and shown how to launch and paddle a canoe or kayak and disembark safely.

All necessary equipment will be provided, but you may use your own if you prefer, and you will need a change of clothing.

Annual Fees: - Senior £110, Junior £85, Family £170 (for 2) + £40 each extra person. (Payable each 1st April)

HISTORY OF LINCOLN CANOE CLUB

Nowadays, there are members whose main interest is in Sprint and Marathon Racing and there are also members who simply enjoy canoeing, some of whom will take part in occasional competitions, away from Lincoln. Most members, during the course of a year, will take part in some of our own monthly, handicapped races on the Fosse Dyke Navigation.

The Club was founded in 1957 by a group of youths interested in canoe touring. Gradually an interest in Long Distance Racing developed and an annual Club race to Hardwick, along the Fossedyke Navigation, with a trophy for the winner, was started.

By 1963 members were training several times a week and also attending Sprint Regattas. A strong racing team developed and the National Long Distance Racing Club competition for the Hasler Trophy was won by Lincoln in 1964, '65, '66 and '67. This record of four consecutive wins remained unbeaten for 37 years.

As the original Club members moved away the Club declined, but Laurence Oliver went on to represent Great Britain in Sprint Racing at the Olympic Games in 1968, 1972 and 1976, and earned himself a place in the Guinness Book of Records as the holder of the most Senior National Championship Titles. His total of 32 wins remained unbeaten for over 20 years. During the late 70's and 80's there was a growth in membership, especially of young people interested in Racing and Marathon. The Club's move to its own building on Brayford South in 1977 heralded the rise of Lincoln Canoe Club to become, once again, one of Britain's top competitive Clubs.

There was another decline in membership in the early 1990's but the Club remained very active in competitive canoeing, with at least one member representing GB each year and Laurence Oliver being the British Junior Racing Team Manager until 2005.

Another change of premises to the current purpose-built building, which was opened in 1996 by HM Queen Elizabeth II, ensured the continued success of Lincoln Canoe Club.

The Club celebrates its 60th Anniversary in 2017 and a series of social events are planned.

LINCOLN CANOE CLUB

Some Club Achievements

- 1962 I. Grant Midland Youth Champion 500m.
1963 Lincoln C.C. National Youth Relay Champions 4 x 500m
1963/5 M. Parker/L. Oliver British Long Distance Doubles Champions.
1964 6 members paddle for GB in Spain.
1965 M. Parker/L. Oliver British Long Distance Doubles Champions.
1964/5/6/7 Lincoln Canoe Club win the Hasler Trophy for Long Distance Racing.
1967 Lincoln Canoe Club awarded the first Lincoln Civic Award.
1968/72/76 L. Oliver represents GB at Mexico, Munich and Montreal Olympic Games.
1973 I. Grant/ R. Oliver Junior Doubles 500m Champions.
1976 L. Oliver gains 32nd National Championship Title. This record remained unbeaten for 20 years.
1977 Club moves to new premises on Brayford South.
1978 P. Evans Boys under 13 K1 250m National Champion.
1980 P. Evans Boys under 15 K1 1000m National Champion.
P. Thorn, D. Pykett and Amanda Mylett race for GB at Pre-World WWR Championships.
1981 Amanda Mylett races for GB at World WWR Championships. 'Lincoln Imps' win first National Dragon Boat Champs.
1982 Club's Silver Jubilee Year. Amanda Mylett GB Europa Cup (Wild Water) Team medal winner.
P. Evans and Sandra Troop GB Junior International Sprint Team medal winners.
Sandra Troop Girls U-17 K1 500m National Champion and U-16 winner at Sella International Marathon Race (Spain).
Club - 6th at National Marathon Final; 6th at Inter-Club Sprint Regatta.
1983 P. Evans 6th in K4 1000m at Junior World Championships. Sandra Troop 1st in K2 6000m at Belgian International Regatta.
Club - 4th at Inter-Club Sprint Regatta; 5th at National Marathon Final.
1984 Sandra Troop 1st in K4 at Bosbaan Junior International Regatta.
8 members win 18 Gold and 8 Bronze Medals at National Racing Championships.
Club - 3rd at Inter-Club Sprint Regatta; 8th at National Marathon Final.
1985 Sandra Troop Junior Ladies K2 winner of 125 mile Devizes to Westminster Race and Marathon Grand Prix and World Cup
Team member, winning K2 Race in Sweden.
G. Quittenton competes in 3 Junior Internationals and Junior World Champs in Rome.
11 members win 32 Gold, 14 Silver and 3 Bronze Medals at National Racing Champs.
Club Joint Winner at Inter-Club Sprint Regatta. Club House extended. Now large enough to hold a K4.
1986 G. Quittenton competes in Western European Junior Racing Championships.
Julie Fisher/Rachel Leverett under 14 K2 Marathon National Champions.
12 members win 27 Gold, 12 Silver and 11 Bronze Medals at National Racing Champs.
Club - 2nd at Inter-Club Regatta; 2nd at National Marathon Final (Organised by Lincoln Canoe Club)
1987 G. Quittenton and Sandra Troop race at World Student Games. Sandra Troop in GB Marathon Team.
16 members win 21 Gold, 26 Silver and 4 Bronze Medals at National Racing Championships.
Lincoln 3rd at National Dragon Boat Racing Championships. Club 4th at Inter-Club Sprint Regatta.
1988 Club represents GB at International Dragon Boat Race in China. R. Leverett & G. Quittenton race for GB.
Members win 6 Gold, 11 Silver & 6 Bronze medals at National Racing Championships.
Club 4th at Club National Marathon Championships.
1989 Gary Quittenton races for GB at Senior World Racing Championships.
Members win 11 Gold, 8 Silver & 10 Bronze medals at National Racing Championships.
Club 5th at Inter Club Regatta and 2nd at Club National Marathon Final.
1990 G. Quittenton races K4 at World Championships. G. Mawer 17th at World Marathon Championships.
13 members win 7 Gold, 17 Silver & 12 Bronze medals at National Racing Championships.
1991 M. Oliver races for GB at Bosbaan International Regatta.
9 members win 9 Gold, 8 Silver & 5 Bronze medals at National Racing Championships.
1992 G. Quittenton races for GB at 3 International Regattas.
M. Oliver K4 500m & 1000m Junior National Champion and races in Junior World Cup.
9 members win 12 Gold, 11 Silver and 4 Bronze Medals at National Racing Championships.
1993 M. Pritchard races for GB in Junior C1 in Holland. D. Oliver wins Bronze Medal in Under 16 K1 1000m in Belgium.
4 members win 5 Gold, 5 Silver and 4 Bronze Medals at National Racing Championships.
1994 D. Oliver races in International and Junior World Cup events for GB.
5 members win 5 Gold, 5 Silver and 3 Bronze Medals at National Racing Championships.
1995 D. Oliver races for GB at Bosbaan, Amsterdam, winning 2 Gold and 1 Bronze medals, and at Bochum, Germany where he was
5th in K4 1000m. D. Oliver races for GB at Junior World Championships in Japan where he comes 11th in K4.
1996 Club moves into new HQ which is opened by HM The Queen. Rachael Snutch competes for GB Under 17 Slalom team.
1997 Rachael Snutch competes for GB with Junior Slalom Team in Austria. John Mawer competes for Ireland at European and World
Racing Championships, and at Marathon World Cup. Andy Grimwood 2nd in Arctic Canoe Race.
1998 Andy Grimwood races for GB Marathon team in The Netherlands. Club 9th at Inter Club Regatta.
1999 Simon Wright races for GB at Wild Water Racing World Cup events in New Zealand.
David Duff competes for GB in Marathon Race in The Netherlands.
2000 Oliver Wickham races for GB in WWR. John Bannister awarded MBE.
2001 Oliver Wickham races for GB in WWR.
2002 Simon Wright races for GB in WWR World Cup. Richard Winstanley races for GB in Marathon World Cup.
2003-5 Simon Wright races for GB in WWR World Cup.
2006 Simon Wright races for GB in WWR World Championships. David Duff competes for GB in Marathon Race in Spain.
2007 Club celebrates its Golden Jubilee. Simon Wright races for GB in WWR World Championships.
2008-10 Simon Wright races for GB in WWR.
2011-12 Emma Tonner races for GB.
2012-15 Peter Quittenton and Elizabeth Gray race for GB.
2016 Elizabeth Gray races for GB at Junior European Championships and Nicole Wells races at the World Student Games.

For further information about Lincoln Canoe Club please contact: -

Honorary Secretary, Robyn Smith, 30, Church Road, Saxilby, Lincoln, LN1 2HJ. (07717 862825)

e-mail lincoln.cc07@ntlworld.com

Club Web site: - www.lincolncanoeclub.co.uk