

Lincoln Canoe Club - Canoeing Standards

All active members of the club should be working towards a British Canoeing (BC) Two Star standard, and are encouraged to further develop their competence through the governing body's awards schemes. Achievement of these standards is not mandatory.

New members with considerable experience but without specific certification may be deemed to be competent to a stated standard. In such cases a qualified coach will make an assessment and present a recommendation to the committee. The decision will be made by the committee and not by the coach.

Levels of Experience

The club uses the following levels of competence as a guide in its assessment of risks and dangers on the local waters.

Beginner

These are members who have little or no experience of paddlesport. Beginners are only allowed to paddle under the supervision of a Leader operating within BC guidelines. They may only paddle at supervised sessions.

Improver

These are members who have achieved their 1-star, or are paddling at that level. They will paddle under the direction of a Leader operating within BC guidelines. They may paddle with an experienced paddler who will be allocated by the Leader but in groups of no more than three to each experienced paddler. They may only paddle at supervised sessions.

Competent

These are members who have achieved their Two Star Award, or are paddling at that level but do not have a wider experience of paddlesport. They may paddle in groups of three or more boats.

Experienced (Senior)

These members will be at Two Star level and have considerable experience of canoeing on local waters. They may paddle independently, or if allocated by a Leader, take out a maximum of three improvers.

Experienced Junior (Exp J)

These are members under 18 years old who are at Two Star level and have considerable canoeing experience on local waters. The Coaching Coordinator or Chief Coach and a parent will have completed the necessary paperwork allowing them to paddle independently (under stipulated conditions).

Leader

These are members who have either BC coaching qualifications or have been appointed as Club Coaches by the committee.

Junior Leader

These are members who are Leaders aged 16 or 17 years.

There are two classes of membership where specific restrictions apply, these are:

Young members, under the age of 8 yrs.

These members cannot paddle without the presence of a parent / guardian either bankside or on the water. A member of the coaching team must be in attendance and oversee the paddling.

Young members, aged 8 – 17yrs.

These paddlers must paddle under the direction of a member of the coaching team, though older youth paddlers may be regarded as experienced (Exp J) through approval by the committee on the recommendation of a qualified coach.

Use of private equipment

Members with their own equipment canoeing at club sessions must paddle within the club guidelines. Those paddling at other times are advised to abide by these guidelines.

4.4.2 - 02 Revision history

Rev	Date	By	Details of change
0	June 2008	RG	Initial issue.
1	Nov 2008	RG	Added reference to parental bank-side support.
2	Nov 2009	RG	Young persons under 11 changed to under 8.
3	Mar 2012	DJM	Major update and rationalisation with document 4.4.6-02 'General Safety Information'. Title changed to 'Canoeing Standards'.
4	Jun 2015	DJM	Amended BCU to BC.