



Changing Room Policy and Guidance

The club provides gender specific changing rooms. Space is limited, so please:

- be swift and efficient in your use of the facilities, allowing space and time for others;
- keep the changing rooms clean and tidy – leave wet gear downstairs and avoid bringing mud upstairs with you;
- use discretion and be sensitive to other members. If you are a junior (under 18), avoid being the only junior in the facility if adults are present, unless you have your parent with you. If you are an adult, avoid being the only adult in the facility if juniors are present;
- NEVER use mobile phones, cameras or any kind of recording equipment within the changing room.

Parents of U18s are allowed to supervise their child (of the same gender) whilst in the changing room. Children under the age of 8 can change, when accompanied by their parent, in the changing room of the opposite gender.

If you have any concerns, please talk to one of the club welfare officers – their details are posted at the top of the stairs.

Reviewed by Committee, 14th March 2017

Next Review Date March 2020